



5K RUN / WALK

MONDAY, JUNE 19, 2017 AT 6:00 PM

DEWEY STREET – DOWNTOWN

FOLEY, MN 56329

RUN/WALK

COURSE: The course is a flat, fast loop that winds through the streets of Foley. All of the race will be walked/ran on pavement. The race will begin downtown on Dewey Street at 6:00 pm and will finish downtown near the starting line. Race timing will be provided by Pickle Events.

REGISTRATION: Race day registration will begin at 4:30 pm. Registration includes a T-shirt. Shirts are guaranteed for the racers registered before June 1, 2016 and while supplies last after that.

Online registration available at www.PickleEvents.com
\$20.00 if registered before June 1, 2017
\$25.00 if registered after June 1, 2017

Mail registration form and check payable to:
Falcon National Bank
Attn: 5K Race
183 Cedar Drive
Foley, MN 56329

AGE GROUPS: A. 12 & UNDER B. 13 – 19 C. 20 - 29
D. 30 – 39 E. 40 – 49 F. 50 -59 G. 60 +

AWARDS: Medals will be given to the top three men and women in each age group. Complimentary water and snacks for all participants will be available at the conclusion of the race.

RESULTS: Race results will be prepared by the race director and will be posted on the Bank’s website at www.FalconNational.com or www.PickleEvents.com.

CONTACT: If you have any questions, contact Traci Nunemacher or Sara Tiahrt @ 320-968-6300.

DETACH AND MAIL TO ADDRESS ABOVE



Name: (Please Print) _____ Age: _____ Sex: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

E-Mail Address: _____

Shirt Size: (Adult Sizes) XLG _____ LG _____ MED _____ SM _____

WAIVER: I acknowledge and agree to be bound by the following: I understand that participation in any running activity involves risks of serious injury, including permanent disability, death and other losses, both to me and my property. I am aware of the risks and am willing to assume them, I hereby waive, release, and hold harmless the race directors, volunteers of the City of Foley, Falcon National Bank employees, and all other sponsors, from all claims by me for any liability injury, loss, or damage in any way connected with my participation in the activity. I intend for this waiver and release to also apply to any relatives, personal representatives, heirs, beneficiaries, or next of kin who might consider any legal action or claim on my behalf. I currently have, and agree to maintain throughout the time that I participate, valid and sufficient medical and accident insurance. I understand that this is my sole responsibility and release all persons and entities from providing this coverage for me. I also understand & agree that any sponsor may subsequently use for publicity and/or promotional purposes my name and/or photograph, videotapes, motion pictures and recordings of me participating in this event without obligation of liability to me. I understand that the entry fee is non-refundable. I HAVE READ THIS WAIVER AND RELEASE CAREFULLY, AND HAVING DONE SO, I AM SIGNING IT VOLUNTARILY.

XSIGNATURE Required:
(Parent or Guardian if under 18) _____

RACE MAP

